

## NW Women's Advocacy Committee



# Self defense training

**Saturday, Nov. 9**

**SPEEA Tukwila**

Sign up - [meetings@speea.org](mailto:meetings@speea.org)

**Saturday, Dec. 7**

**SPEEA Everett**

Sign up - [justinl@speea.org](mailto:justinl@speea.org)

Both days - 10 a.m. to noon

**Space is limited**

Children must be at least 14 years old and accompanied by an adult/guardian

Bulletin Board Number

#19-092 Puget Sound



September

••• Bulletin Board Notice •••

Approved for posting on SPEEA Bulletin Boards