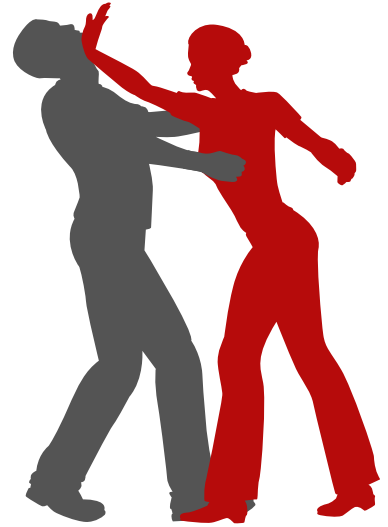


NW Women's Advocacy Committee (WAC)

# Self-Defense Training



IN-PERSON

Sunday, Sept. 22, 2 to 4 p.m.  
SPEEA Everett

Free to members &  
their families (13+)


Saturday, Oct. 12, 2 to 4 p.m.  
SPEEA Tukwila

Space is limited

Email [meetings@speea.org](mailto:meetings@speea.org) to register

Approved for posting on  
**SPEEA Bulletin Boards**

**SPEEA**  
IFPTE LOCAL 2001  
PROFESSIONAL AEROSPACE UNION

 [linktr.ee/SPEEA](http://linktr.ee/SPEEA)

BBN #24-085 | NW

**SEPTEMBER**

